

# CORE TOPICS

## Foundations for Healing

- Biblical basis for healing
- Healing as a core ministry of Jesus
- Signs and wonders confirm the gospel
- Factors that influence healing
- Power and authority for healing
- Sources of illness and sickness
- Mysteries around healing

## Best Practices in Healing Prayer

- Practical considerations for the prayer team
- Ministry etiquette
- Healing prayer methods
- Walking out a healing and aftercare
- Ministry team configuration
- Prayer for the infilling of the Holy Spirit
- Appendix: Generational Sin



# APPENDIX

GENERATIONAL SIN



# GENERATIONAL SIN

- Adam rebelled against God and opened the door to sin and death for all his descendants.
  - Rom 5:12 says, *Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all men, because all sinned.*
- His brokenness and his alienation from God has been our initial birthright when we enter the world. We all come into this world inheriting both God's image and Adam's image.
  - Gen 5:1-4 *This is the written account of Adam's line. **When God created man, he made him in the likeness of God.** He created them male and female and blessed them. And when they were created, he called them "man." **When Adam had lived 130 years, he had a son in his own likeness, in his own image;** and he named him Seth.*
- Sin, death, brokenness, are passed on from generation to generation. This is the foundational root of all generational sin.

## GENERATIONAL SIN

- *"The Lord, the Lord, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the fathers to the third and fourth generation."* Ex 34:6-7
- We know in the Law, God told Israel not to hold or punish the children for the sins of their fathers (Deuteronomy 24:16). This protects children from LEGAL PENALTIES. It does not mitigate against natural consequences that befall families. An alcoholic father who does not hold a job can influence and cause all those in his household to suffer.

## GENERATIONAL SIN

- In Dan 9:3-6 it is recorded: *“So I turned to the Lord God and pleaded with him in prayer and petition, in fasting, and in sackcloth and ashes. I prayed to the Lord my God and confessed: “O Lord, the great and awesome God, who keeps his covenant of love with all who love him and obey his commands, 5 we have sinned and done wrong. We have been wicked and have rebelled; we have turned away from your commands and laws. 6 We have not listened to your servants the prophets, who spoke in your name to our kings, our princes and our fathers, and to all the people of the land.”*
- Daniel, though innocent, identifies with and confesses the sins of his. In such a way, we all have suffered down to three and four generations for the sins of our fathers.

# GENERATIONAL SIN

- **Learning sin patterns from past generations.**
- Family patterns and dysfunctional behaviors are easy to learn and be passed on from generation to generation. Much of life is caught as well as taught. Proverbs speaks of this pattern when it says:
- *Prov 22:24-25 Do not make friends with a hot-tempered man, do not associate with one easily angered, or you may learn his ways and get yourself ensnared.*
- Divorce, sexual immorality, alcoholism, pornography, violence, greed, fear, anxiety, low self-esteem and many other sins and behaviors are passed down from one generation to another. People often make inner vows saying, “I will NEVER be like \_\_\_\_\_” only to find themselves a mirror image.

# GENERATIONAL SIN

- **Repent and Restore**
- Confess the sin and pattern and identify with it.
- Repent before the Lord for their sin and the sin of the parents.
- Renounce and rebuke the enemy for any of his activity in the person's life.
- Claim the cross of Jesus has broken all curses in the person's life and thank Jesus for his forgiveness and life.
- Pray for filling of the Spirit in that area of the person's life.



# **PART II: HEALING PRAYER MINISTRY**

## **B. MINISTRY ETIQUETTE**





## MINISTRY ETIQUETTE OVERVIEW

- We want to create a place where people are **loved, respected, and safe**.
- Confidentiality: we must be sure that we always act in confidentiality with whatever a person shares with us. The exception would be if they were a threat to themselves or others or a current victim of child abuse.
- We must respect their boundaries and time. We ask permission and if they do not give it, we respect their wishes.
- We do not want to do things that will cause a distraction or a stumbling block to someone receiving ministry. That means at times we forfeit our rights as we serve others.

## I.YOUR PERSONAL HYGIENE

- We do not want bad personal hygiene habits to get in the way of ministering
- Brush your teeth...breath mints and mouth wash is always helpful
- Shower and use a deodorant
- Wear clean modest clothes and wash your hands
- Avoid perfume and cologne: some people come in sick with allergies

## OTHER CONSIDERATIONS

- Avoid overly religious language
- Do not assume the person knows Christ or has your church upbringing

## 5. LAYING ON OF HANDS

- ALWAYS ASK PERMISSION - NEVER ASSUME
  - Some have been abused sexually or physically
  - Some have disabilities or pain and physical touch can be very irritating to them
- NO HEAVY HANDS OR PUSHING - use a soft touch and ensure that you are not leaning on them or giving too much pressure
- OFF LIMIT ZONES - the thighs to the chest is generally off limits. You can ask the person to lay hands on a spot in that area they want prayer for and you can ask if you can place your hands on their hands.

## 6. ANOINTING OIL

- ASK PERMISSION - before you anoint a person with oil.
- Use small amounts, pouring oil over the head is not needed.

## 7. CONFIDENTIALITY

- Prayer requests given to the team, stay among the team
- We want to maintain trust with people
- Only report if they are a harm to themselves or others or current underage abuse

## 8. WISDOM

- Encourage them to see their doctor to confirm anything God had done
  - NEVER, NEVER tell a person they can get off of their medication
  - NEVER, NEVER give medical advice or opinions or referrals
  - NEVER, NEVER diagnose a medical condition
  - NEVER, NEVER tell a person they are healed. If you sense the Lord is doing something, tell them, “I sense the Lord is doing something.”
- NEVER, NEVER tell a person that they were not healed because of their lack of faith or because of sin in their lives. The only time Jesus ever said someone wasn't healed because of a lack of faith was when THOSE PRAYING had a lack of faith. He also healed people who had sin in their lives without them first repenting. WE ARE NEVER TO BLAME those we pray for when it appears healing has not occurred.



# **PART II: HEALING PRAYER MINISTRY**

## **C. HEALING PRAYING METHODS**





## I. AVOID MAGICAL THINKING – JESUS' METHODS VARIED

- Mark 6:13 *The twelve “drove out many demons and **anointed many sick people** with oil and healed them.”*
- Mark 7:32-35 *“There some people brought to him a man who was deaf and could hardly talk, and they begged him to place his hand on the man. After he took him aside, away from the crowd, **Jesus put his fingers into the man's ears. Then he spit and touched the man's tongue.** He looked up to heaven and with a deep sigh said to him, “Ephphatha!” (which means, “Be opened!” ). At this, the man's ears were opened, his tongue was loosened and he began to speak plainly.”*
- John 9:6-7 *Having said this, **he spit on the ground, made some mud with the saliva, and put it on the man's eyes.** 7 “Go,” he told him, “wash in the Pool of Siloam” (this word means Sent). So the man went and washed, and came home seeing.*
- Laying on of hands, anointing with oil, praying, commanding, spitting, making mud, washing on a pool...Jesus used a variety of methods for praying for the sick. It is not about the method, it is all about what Jesus did at the cross.

## 2. HEALING PRAYER IN FIVE STEPS

### 1. Interview

- Ask what they want healed and the current pain level (0-10)
- Ask how long they have had it and if there were any significant life issues at that time

### 2. Diagnosis

- Is there a doctor diagnosis?
- Discern if there is a root cause, any family pattern, any soul issue like : stress, anxiety, fear, unforgiveness, guilt, rejection

### 3. Prayer Selection

- Petition: Ask the Father, Jesus or the Holy Spirit to heal the person in Jesus' name
- Command: Speak with authority to the condition and command health. Command any evil spirits or curses out.

## 2. HEALING PRAYER IN FIVE STEPS

### 4. Prayer and Ministry Time

- Ask the Holy Spirit to be present for guidance and power
- Ask the person not to pray but to receive and focus on their body to give feedback
- Ask the person to assess the level of pain, discomfort, etc. so you can monitor improvement
- Ask the person to give feedback if they sense something: heat, tingling, electricity, trembling etc.
- Pray for healing...keep your eyes open...use a normal tone of voice...be loving...following any leading of the Holy Spirit...Don't preach or give advice...periodically ask the person if they are sensing anything...if pain level is down...if they can do something they couldn't do before.
- Honest feedback: no pressure to report improvement or exaggerate results.
- Thank God for whatever level of improvement you see and keep praying.
- If you are not making progress, ask the Holy Spirit about blockages (like occult background or strongholds)
- Stop praying when 1) they are healed, 2) they ask you to stop, 3) you sense the Holy Spirit is leading you to stop praying, 4) you are gaining no ground and receive no other direction on how to pray.

## 2. HEALING PRAYER IN FIVE STEPS

### 5. Post Prayer Suggestions

- Never accuse the person of a lack of faith or sin in their life as a reason why they were not healed. In no way are we to bring condemnation.
- Encourage the person from the Scriptures and give them some verses to read for their encouragement.
- Share with the person their authority in Christ and show them how to resist any further attack in their area of healing.

# THANK YOU

- 2018 version compiled by Revival Valley
- 2014 version of the training was compiled and written by a coalition of interdenominational churches in the Santa Cruz County who desired to see the kingdom of God made manifest in their region. They came together with a common vision and love for one another respecting our differences and distinctives but seeking to maintain the unity of the Spirit purchased for us by Jesus at Calvary. We all believe that Jesus still heals today and that the church should be a healing community. **Foundational Churches:** Aptos Christian Fellowship, Christian Life Center, Crosspoint, Faith Community Church, The Gathering by the Bay, and Shorelife Community Church. 2014
- Healing Rooms of the Monterey Bay Training Manual
- Randy Clark Prayer For Healing 5-Step Process *from Global Awakening Prayer Card by Randy Clark, 2010.*